

**St. Andrew's Resources for Seniors System  
Annual Report  
183<sup>rd</sup> Episcopal Diocesan Convention**

**November 1, 2022**

**Ministry Mission and Purpose:**

St. Andrew's Resources for Seniors System (STARSS) is a faith-based, non-sectarian, non-profit organization. Our vision is "a society where all elders are respected, productive, secure, and fulfilled and our mission is to empower elders and their caregivers through choices and options that foster a vital life."

St. Andrew's operates an integrated senior living system in Missouri and Illinois, serving seniors and their caregivers through sixteen (16) communities including skilled nursing, assisted living, HUD 202 senior apartments, and independent living.

Additionally, our home and community-based services are comprised of a private duty agency, a partnership with Bethesda Health Group in a home health agency, Handy House Doc, and Caring Workplace program. The St. Andrew's Charitable Foundation serves thousands of low-income seniors a year.

**Accomplishments and/or Challenges From the Past Year:**

*Summerville of St. Andrew's:* The newest venture for St. Andrew's is an active adult community on the St. Andrew's at Francis Place campus in Eureka, Missouri, a St. Louis suburb. Summerville of St. Andrew's will be completed in December 2022, and is intended for active, middle-income seniors. The campus includes twenty-four (24) four-plexes for a total of 96 patio homes. They are arranged in pocket neighborhoods, each with their own front porch and entrance.

Amenities include a club house, meeting rooms, exercise facility, guest apartments, walking/biking paths, bocce ball and pickle ball court, gazebos, fire pits, additional storage and grilling areas. Technology will play a big role in the community with ADT security system, video front doorbells, telehealth medicine accommodations, and cable television. A comprehensive social interactive system allows for: activities, ordering of services, remote participation in activities and individualized clubs, and FaceTime contact with friends and family.

*Handy House Doc:* Our newest program, Handy House Doc, is helping seniors in the St. Louis area with those smaller home repairs. They do a wide range of home repairs, maintenance, and improvements. Handy House Doc provides peace of mind to homeowners knowing that they have a quality, reputable company who provides workmanship and reliability at a reasonable rate with workers covered by insurance and who have received their Covid 19 vaccination.

*Bill Holman* was named STARSS President/CEO and started his tenure January 3<sup>rd</sup>, 2022. Bill has held executive leadership positions in Senior Living organizations for more than twenty years, most recently as CEO of Ginger Cove life care community in Annapolis, MD. A native of Maryland, Holman also served as Adjunct Assistant Professor, Erickson School of Aging Services with the University of Maryland, Baltimore County from 2010 to 2019 including three years as Graduate Program Chair. He is a Certified Public Accountant (CPA), Licensed Nursing Home Administrator (LNHA) and holds BS degrees in Finance and Accounting and an MS degree in Management in Aging Services.

*Covid -19 Pandemic:* The entire organization continues to respond to the needs of our residents, families, and staff as the Covid-19 pandemic continues. Keeping everyone safe is a priority along with ensuring residents experience quality of life with their family members. This could not be accomplished without the heroic efforts of the staff. As of October 1, 2021, all staff must be vaccinated or have applied for a Religious or Medical Exemption.

### **Goals for the Year Ahead:**

Continue strategic efforts to overcome Covid 19 short-term and long-term effects on STARSS operations and financial status.

Achieve the financial and operational best practices that position STARSS for success today and in the future.

Complete long-term strategic vision with Board and Stakeholders.

Reposition STARSS as an organization also characterized by its innovative, integrated, and efficient use of technology.

### **Ministry Programs and Services:**

While our *Communities* continue to struggle with occupancy and staffing, the quality of our services remains high. Cape Albeon renovated to add a Memory Care household with a private courtyard offering a beacon of hope in caring for residents with dementia and Alzheimer's.

*St. Andrew's Charitable Foundation* held its Ageless Gala in-person in October 2022. The Gala honored eleven Ageless Remarkable St. Louisans. The event drew almost 300 attendees and raised funds for seniors in the St. Louis area. The Charitable Foundation also held its 'Tee Up Fore Seniors' April event which received significant support.

The *Circle of Care* program helps more than 1,800 seniors live independently, in their homes, for as long as possible. By conducting an at-home geriatric assessment, each senior's needs are identified. The goal is to reduce injuries and hospitalizations, increase quality of life, and connect seniors to vital community resources. Services include escorted transportation, light housekeeping, medication management and valuable companionship to seniors.

The *Safe Home for Seniors* program makes it less likely seniors will take a fall by taking preventive steps to reduce accidents and increase independence. Home repair services are provided at no cost to economically disadvantaged seniors. Services include light plumbing repairs, external repairs, gutter clean out, grab bar installation, and safe lighting.

The *Homer Schmitz Memorial Health Clinic* is saving lives by having onsite RNs managing the care of high need residents at residential housing facilities for low-income seniors. A Faith Community Nurse is available at multiple locations three days per week to monitor blood pressure, blood sugar, pulse oximeter and manage medications. Two additional locations were funded and operate in affordable housing communities.

Our *Benevolent Care Fund* allows many of our elders to continue receiving the highest quality care at our communities when their funds deplete. Financial assistance is provided to bridge the gap so a resident may continue to age in place with peace of mind and comfort.

### **Contact Information**

For more information on how you may support our ministry please contact us at:

[www.standrews1.com](http://www.standrews1.com)

or call: Christine Rutherford, Director of Development 314-726-0111